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Why Do CVS And Express Scripts Rely on Secretive Private Companies to Run Their Copay Maximizer Programs?

In Copay Maximizers Are Displacing Accumulators—But CMS Ignores How Payers Leverage Patient Support, I explained a new Centers for Medicare and Medicaid Services (CMS) final rule regarding health plans' use of copay accumulator adjustment. I also highlighted why plans have responded to the negative patient impact from accumulators with copay maximizer programs.



However, maximizers are being implemented very differently from accumulators.

The two largest PBMs—CVS Health's Caremark and Cigna's Express Scripts—have each partnered with secretive and independent private companies to operate specialty drug maximizer programs for their plan sponsor clients. What's more, at least one of these private companies earns fees equal to 25% of the manufacturer's copay support program.

These arrangements are very odd. Why do multi-billion-dollar public companies rely on these private companies to administer their maximizer programs? Why do these small companies deserve such outrageous fees? Why are beneficiaries required to affirmatively sign up with the companies—or face ludicrous costs that far exceed their plan's out-of-pocket maximums? Does any oversight exist for these arrangements?

Here's what I managed to uncover about these businesses. See what you think.

COPAY 201

Both accumulators and maximizers let payers extract the full value of the manufacturer's copay support. But there is a crucial difference in how these programs are being implemented.

PBMs typically offer accumulator solutions directly to their plan sponsor clients:

- Express Scripts has its Out of Pocket Protection Program.
- CVS Health's Caremark PBM provides its Specialty Copay Card Program.

A maximizer has an advantage over an accumulator, because it reduces or eliminates the patient's out-of-pocket obligations. However, PBMs provide maximizers only via partnerships with external businesses:

- Cigna's Express Scripts markets the SaveonSP program.
- CVS Health's Caremark markets the PrudentRx Copay Optimization Program.

Let's delve into the mysterious companies that have partnered with the PBMs.

SaveonSP

I first profiled the SaveonSP program offered via Express Scripts in Latest Express Scripts Data: Slow Drug Spending Growth—And Big Plan Savings from Manufacturer Copay Programs.

SaveonSP has elements of a copay maximizer program. For example, a patient's actual out-of-pocket drug costs are \$0, so they never reach any annual deductible nor any out-of-pocket maximum based on these drugs. (The patients can still face a deductible, if their plan has one.)

 $\label{prop:constraint} \mbox{However, SaveonSP differs in some important ways from a standard maximizer program.}$

With SaveonSP, a commercial plan sponsor declares specialty drugs to be "non-essential health benefits." Non-essential drugs are still covered by the plan, but they are not subject to the Affordable Care Act (ACA) Essential Health Benefit requirements and can be removed from the out-of-pocket maximums required by the ACA.

The patient's out-of-pocket costs are set equal to the maximum annual value of a manufacturer's copayment program. Thus, the copayment is not based on the list or net price of the drug. It is instead determined solely based upon the amount of manufacturer-



Drug Channels is written by Adam J. Fein, Ph.D. Dr. Fein is President of Drug Channels Institute, an HMP Global company. Read More...

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funded copay assistance. For instance, a program with a total value of 9278 in copayment support would require a patient to pay \$20,000 annually for their drugs, without regard to the plan's out-of-pocket maximums.

To avoid these extraordinary costs, the beneficiaries must enroll separately in SaveonSP. They must also fill their prescriptions exclusively from Express Scripts' Accredo specialty pharmacy.

SaveonSP profits mightily from this scheme. According to minutes of the New Mexico Retiree Health Care Authority meeting (page 11), SaveonSP charges a 25% fee of the copayment support.

So, SaveonSP would earn \$5,000 of a manufacturer's copayment support program that had a total value of \$20,000?!? That's totally outrageous—and clearly not what the manufacturer's copay support program was designed to do.

Here are a few more fun facts about the company:

- "SAVE ON SP, LLC" was founded in 2015, according to New York state's Corporation & Business Entity Database.
- SaveonSP is not owned by Express Scripts. Who owns this company? I have no
 idea. As I noted in my February article, SaveonSP has an amazingly uninformative
 webpage. Check out saveonsp.com to see what I mean.
- From what I can determine, Express Scripts is SaveonSP's only client for its copay assistance solution. However, an Express Scripts spokesperson told me that SaveonSP also "does work for our mutual clients that is consultative in nature and outside of the scope of the PBM/payer relationship."

That doesn't clarify why SaveonSP operates as a stand-alone business or how it avoids apparent conflicts when it consults with clients of its primary customers.

Verv strange.

PrudentRx

Recently, CVS Health's Caremark launched the PrudentRx Copay Optimization Program. It has a maximizer-like design and appears to operate similarly to SaveonSP.

In its marketing materials, Caremark touts its "exclusive collaboration with PrudentRx." Caremark describes PrudentRx as a business with "over 30 years of experience in specialty pharmacy and copay card programs."

SaveonSP is a model of (relative) transparency compared with PrudentRx:

- Remarkably, this purportedly well-established business partner has a website that
 is "under construction." Check out PrudentRx.com. This site was set up within the
 past few days—shortly after I began asking CVS about the business. The website is
 so new that the domain name is still listed as being for sale for \$4,825. (Seriously.)
- PrudentRX, LLC, is a Florida limited liability company that was registered in 2020.
 The founder of PrudentRx also owns Florida Rx Solutions, LLC, which was founded in 2008.
- The U.S. Patent and Trademark Office (PTO) shows that "PrudentRx" was registered
 as a Service Mark on April 21, 2020. The application reads: "PrudentRx provides
 co-pay program related services to plan sponsors that include guidance on plan
 benefit design for specialty products and assistance to members to secure available
 copay assistance for specialty drugs through the various patient assistance
 programs available to them."

That sounds like the right business. However, the application states that PrudentRx was first used in commerce on January 27, 2020. Unless my math is wrong, that's less than 30 years ago.

• There are no current employees of PrudentRx on LinkedIn.

 $\label{eq:definition} \mbox{Did I find the wrong PrudentRx? If so, then I challenge any $\it Drug Channels$ reader to direct me to the business partnered with CVS.}$

FWIW, a CVS Health spokesperson confirmed to me that "PrudentRx is not a subsidiary of CVS Health."

CLARIFICATION: According to my research, the PrudentRx that is currently affiliated with CVS Health is not the same as private company that was acquired by HMS in 2008.

HUH?

I'm still trying to figure out what's going on with SaveonSP and PrudentRx.

- Why don't these PBMs directly operate the copay maximizer programs that classify most specialty drugs as "non-essential health benefits? For legal reasons? Do PrudentRx and SaveonSP somehow shield PBMs from liability or disclosure?
- Why do these intermediaries deserve to keep 25% of the money that a manufacturer has set aside for patient support?



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Why didn't CVS just launch its own program, rather than partner 1927 9 art-up business founded just a few months ago, in 2020? Why did Express Scripts partner with a company founded in 2015?

If there are logical and sensible answers to these questions, I haven't figured them out.

In the meantime, I'd welcome additional information on how these small, secretive companies are profiting by absorbing patient support funds from manufacturers.

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Kevin Russell



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Jeremy

Thank you for diving into these shady practices. PBMs are out of control $% \left(1\right) =\left(1\right) \left(1\right) \left$

Sounds like copay manipulation, patient steering and

0 0 🖆

AL Paul Cockrum

kickbacks=FWA

Sonali Prusty
4 years ago

Prudent is mentioned as California based company which provides audit programs, program design/benefit management, and general and pharmacy systems consulting. services.https://www.crunchbase.com/organiza...

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Adam J. Fein Mod → Sonali Prusty 4 years ago

As I note in a response above, I believe that is a different PrudentRx. I added a clarification to the original article.

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Mr. Slacktastic

4 years ago

You check that SaveOnSP address in NY for former registered companies? That'll get you to who runs the company, you dig down and you can see their relationships. I lost most of my notes I had when I researched them a year or two ago. You can find a lot of public records of them selling to teacher and other unions and explaining how this "helps" the patient by reducing their copay to zero. If you search for #SaveOnSP on twitter you'll see me complain about them. I call these companies "copay drainers" for the last year. Their full intent is to grab the maximum copay assistance dollars available and maybe shutdown a program or two. At least that's my purely uneducated speculation. ;)

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